

## THE SKELETAL SYSTEM

SUBJECT TEACHER – SONI KUMARI

## MAJOR BONES OF THE BODY

The major bones of the body are the skull , backbone , rib cage and girdles .

## SKULL

The skull is made up of eight flat bones that are inter locked with each other . It is called cranium or brain box . The human skull is very hard and contains the delicate brain . The skull protects the brain from injury and shocks . There are 14 facial bones which form the face . These bones are in the form of arches ( curves )

These facial bones protect the major sense organs like eyes , ears , nose , tongue , etc . Only the lower jaw is movable . It enables us to eat and talk .

## Back bone or spine

The skull rests on the backbone which is made up of 33 small bones called vertebrae . These bones like one on the top of the other which makes them fit in each other. Each one of them has a big central hole that makes a channel right from the bottom of the skull to the hip region where the backbone ends . The spinal cord lies within the backbone . The backbone is the main axis of the body . To keep the backbone healthy . We should maintain a correct posture during sitting , standing and walking .

Don't write only read it .

B . Match the following columns :

Column A	Column B
1 . Elbow	(b) Hinge joints
2 . Shoulder	(d) Ball and socket joints
3 . Ankle and wrist	(a) Gliding joints
4 . Skull	(e) Pivot joints
5 . Tri ceps	(c) muscles of the arm

## HOME WORK

Do CW in HW